

LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD

APPROVED MINUTES

Monday August 14, 2023

Advisory Board Members Present: Brady Reed – Member
Michael Hoenig – Member
Gary Bridges – Member
Rebecca Jordan – Member

Advisory Board Members Absent: Angela Reed – Member
Tom Neely– Member

Staff: Tiffany Armstrong – BH Director
Sarah Bustamante–Admin Assistant
Josh Bradley – BH Analyst

Members of the Press: None

Other: Grace Poor – Housing Department
Mike Hernandez – Judy’s House
Andrea Hernandez – Judy’s House

1. **Call to Order:** Behavioral Health Advisory Board called to order at 5:31 pm
2. **Approval of the Agenda – Action:** Motion- Gary Bridges — Second- Rebecca Jordan – All in favor – motion carried
3. **Approval of the Minutes: July 2023:** – Motion –Michael Hoenig – Second – Rebecca Jordan - All in favor – motion carried
4. **Public Comment: None**
5. **Mobile Crisis Unit – Tiffany Armstrong**
 - a. Meeting held with the Union regarding Mobile Crisis Unit
 - i. Came to consensus
 1. Barbara Longo is drafting a letter that the Union will endorse
 2. The letter will be sent to DHCS to explain that it is not feasible for Lassen County to pursue the Mobile Crisis Unit with staffing shortages and safety concerns
 - ii. Tiffany will continue to work on the proposal that has to be submitted by October to the State.
 1. Will state that we will continue to deal with crisis the way we are currently and have been
 - iii. Anticipating Tiffany and/or Barbara will have to go in person to meet and explain situation to DHCS.

6. ACTION ITEM -MHSA Plan- Public Hearing:

- a. MHSA Plan update has been sent out for review
- b. **ACTION ITEM** – Open for Public Hearing for MHSA Annual Updates for 2020-2021 5:41pm
 - i. No public comment
 - ii. Motion to close Gary Bridges/ Second Michael Hoenig – all in favor – motion carries – Closed 5:42 pm
 - iii. Motion to approve MHSA Annual Updates for 2020-2021 – Gary Bridges/ Second Rebecca Jordan – all in favor – motion carries
- c. **ACTION ITEM:** Open for Public Hearing for MHSA Annual Updates for 2021-2022 -5:43pm
 - i. No public comment
 - ii. Motion to close Gary Bridges/ Second Michael Hoenig – all in favor – motion carries – Closed 5:44 pm
 - iii. Motion to approve MHSA Annual Updates for 2021-2022 – Gary Bridges/ Second Rebecca Jordan – all in favor – motion carries
- d. MHSA Annual Update for 2020-2021 and 2021-2022 will be sent to the Board of Supervisors for approval.

7. Department Report: Tiffany Armstrong

- a. Tiffany still working on Care Court
 - i. Meetings have started being set up
 - ii. Lassen is in Cohort 2
 - 1. Will not receive additional funding
- b. ISTs (Incompetent to stand trial)–
 - i. What will we do if they are released back into the community?
 - ii. Possible grant funding available for housing
 - 1. Working with the Sheriff's Department
- c. Housing presentation will be done by CSAC (?) at the Board of Supervisors meeting tomorrow.

8. PIPS – Josh Bradley

- a. Presentation – Slide show attached
- b. 3 PIPs currently involved
 - i. Trying to increase coordination between us, Partnership and community agencies
 - ii. FUM – Follow up after discharge from ER – Mental Health
 - iii. FUA – Follow up after discharge from ER – Substance Use
 - iv. POD – Tracking of medicated assisted treatment program
 - 1. Do not provide this at Behavioral Health
 - 2. Have to use external agencies
 - 3. Indian Health no longer providing
 - 4. Banner working on providing this service

- 5. Currently using Northeastern Rural Health and Bright Heart
- c. Referral and screening tool have been created to use with Banner ER and Behavioral Health
 - i. Consent from client – will sign release of information
- d. PIPs will be submitted to the State in September

9. Cultural Competence: Tiffany Armstrong

- a. Meeting held last month
- b. New State guidelines will not go into effect this year – will go back to old 2010 guidelines
 - i. Will continue to move forward with new format guidelines
- c. Next meeting is scheduled for Wednesday 8-23-23 at 3pm

10. Housing – Grace Poor

- a. Two new employees have started
 - i. Housing specialist
 - ii. Peer Support
- b. Community Survey
 - i. Opinions on housing and homelessness
 - ii. Survey out until September 30th
 - iii. Grace to send survey to Sarah to be forwarded out
- c. Grant
 - i. Applied for a \$3 million dollar grant in July
 - ii. Location is old hospital on Hospital Lane.
 - 1. Permanent housing
 - 2. 15 units
 - a. 10 youth units
 - b. 5 general population
 - 3. Haven't received any negative community feedback
 - 4. Working with a local developer – Melanie Westbrook and Colbert Construction
 - 5. 15 months from receiving reward letter need to be leasing out units
 - iii. Bridge Housing Grant
 - 1. Behavioral Health clients
 - 2. Short term housing for individuals currently on housing list
 - 3. Housing for 1-2 years while waiting for permanent housing
 - 4. Also funding for landlords to improve their units.
- d. Will be presenting the updated feasibility study to the Board of Supervisors
 - i. Still working with Danco on other supportive housing opportunities elsewhere in the community

11. Judy's House – Mike Hernandez

- a. 75 individuals

- b. 8541 total minutes
- c. 142.35 total Hours
- d. 4 brand new face to face
- e. 1 new warmline call
- f. 5 outreaches
 - i. Westwood – Mondays, Wednesdays and Fridays – providing meals
- g. Attended training in Sacramento – Peer Support

12. Board Report:

- a. **Board Recruitment:**
 - i. Sarah to send board applications to Mike and Andrea Hernandez to reapply

13. Lassen Community College: Brady Reed

- a. Today was the first day of the Fall semester
- b. Week before school starts Special Programs/ Student Services does a lot of welcoming / orientation activities
 - i. Resource Fair held Friday
 - ii. Pool Party
 - iii. Two dinners
 - iv. Trip to Modesto – Great Wolf Lodge – Parenting program
- c. Rebecca Jordan –
 - i. Been working a lot with student athletes
 - ii. handing out timely care to students
- d. Enrollment is up since Fall 2019
 - i. Special Programs – foster youth/parenting /disability / low income
 - 1. Most since before Covid
- e. Team set up for Walk out of Darkness

14. Suicide Prevention:

- a. Walk out of Darkness – September 9 – Memorial Park – Judy’s House will be BBQ’ing

15. CAMHPRO – No Report

16. Susanville Police Department – No Report

17. Lassen County Sheriff’s Department – No Report

18. Consideration of Future Agenda Items:

- a. **Action Item – Nominations for Chair and Vice Chair positions**

19. Next Meeting Date and Time:

- a. **September 11, 2023 at 5:30pm**

20. Adjournment: 6:54 pm