

# **LASSEN COUNTY BEHAVIORAL HEALTH ADVISORY BOARD**

## **APPROVED MINUTES**

**Monday April 10, 2023**

**Advisory Board Members Present:** Brady Reed – Member  
Michael Hoenig – Member  
Gary Bridges – Member

**Advisory Board Members Absent:** Tom Neely– Member  
Angela Reed – Member

**Staff:** Tiffany Armstrong – BH Director – Via Zoom  
Sarah Bustamante–Admin Assistant  
Nicole Lamica

**Members of the Press:** None

**Other:** Rebecca Jordan – LCC  
Grace Poor – Housing  
Danny Medina – CAMHPRO - Via Zoom

- 1. Call to Order:** Behavioral Health Advisory Board called to order at 5:35 pm
- 2. Approval of the Agenda – Action:** Motion- Gary Bridges — Second- Michael Hoenig – All in favor – motion carried
- 3. Approval of the Minutes: January 2023:** – Motion –Gary Bridges – Second – Michael Hoenig - All in favor – motion carried with spelling correction of Nikki Jerrell’s name
- 4. Public Comment: None**
- 5. Cal-Aim / Care Court – Tiffany Armstrong**
  - a. Care Court slideshow presented by Tiffany Armstrong
    - i. Attached
  - b. Still a lot of unknowns – what will the process be and who will be doing the initial evaluation – how much staff will each department need for the process
  - c. Tiffany has reached out to Kevin O’Connell who created a Care Court flow chart for BH piece (in slideshow)
  - d. There will be multi-layers for individuals going through the Care Court process.
  - e. 5 counties have started Cohort 1 – Larger counties
    - i. Lassen will be in Cohort 2 starting in December 2024

- f. How will this impact the housing point of entry list – will Care Court individuals get moved to the front of the list?
- g. Individuals cannot opt out of Care Court – needs to go through the process
- h. Will be brought to the Board of Supervisors meeting for updates

**6. Department Report: Tiffany Armstrong**

- a. Stacey Harlan – therapist will be retiring May 3<sup>rd</sup>
  - i. No applicants to replace him
  - ii. Have locum companies looking for a temp fill in
- b. UCLA audit – co-occurring population just completed
  - i. Focus on outcome measures
  - ii. Focus on discharge and recovery

**7. PIPS – Table**

**8. Cultural Competence: Tiffany Armstrong**

- a. Start implementing monthly meetings again

**9. Housing – Grace Poor**

- a. Planning project – planning grant received about a year ago from CMSP
  - i. Planning process completed
  - ii. Community assessment worked with Kevin O’Connell
    - 1. Came up with a project that will divert individuals from going into the emergency room and connect individuals who are leaving the emergency room or jail to services through a medical respite style process
    - 2. Temporary place for individual to go while a plan can be created.
    - 3. For individuals whose needs are too high to go to the shelter
    - 4. Goal to reduce cost to the emergency room and reduce individuals from going in and out of jail
- b. Supportive Housing Project
  - i. Not just for individuals with behavioral health issues
  - ii. It is also supportive housing for families
    - 1. Will cover wide range of different types of individuals
  - iii. Will have supportive services on site
  - iv. Location has not been finalized as of yet

**10. Judy’s House – No Report**

**11. Board Report:**

- a. **Board Recruitment:**
  - i. Need more board members
  - ii. Sarah to follow up on Rebecca Jordan’s application

**12. Lassen Community College: Brady Reed**

- a. First on campus event being held on May 16<sup>th</sup>
  - i. Chalk out – stigma event
    - 1. May 16<sup>th</sup>
  - ii. Light it green for Mental Health
    - 1. Date not set up
    - 2. Light Lassen College green
- b. Becky being utilized a lot by students and staff

**13. Suicide Prevention: Nicole Lamica**

- a. Out of Darkness Walk - Nikki Jerrell co-chair out in the community – Nicole Lamica focusing on the behind the scenes
- b. Working on getting trainings scheduled
  - i. Jim Dandoise is becoming a trainer
    - 1. Talk Safe
  - ii. Dana Nolen from Plumas County has moved to Susanville
    - 1. Can partner with Dana to get more trainings scheduled before the walk occurs

**14. CAMHPRO – Danny Medina**

- a. Extension of grandparenting in will now be until June 30<sup>th</sup>
- b. Scholarships are still available
- c. Peer Statewide Conference will be held June 12-13 in Sacramento
  - i. Scholarships are still available to attend free of charge
  - ii. Danny will send flyer about the conference

**15. Susanville Police Department – No Report**

**16. Lassen County Sheriff's Department – No Report**

**17. Consideration of Future Agenda Items:**

- a. **Mobile Crisis Unit**
- b. **Remove Cal-Aim / Care Court**

**18. Next Meeting Date and Time:**

- a. **May 8th at 5:30pm**

**19. Adjournment: 7:15 pm**